Application of Group Guidance to Improve Communication Skills of Students

Tarmizi¹, Mesiono², Adilah Noursyarief Karafah³ ¹FITK UIN Sumatera Utara Medan, Indonesia ²FITK UIN Sumatera Utara Medan, Indonesia ³Postgraduate student MPI UIN Sumatera Utara Medan, Indonesia

Abstract

The problem in this study is the communication of students of the state MTs 2 Labuhanbatu who do not have good skills. This research aims to help the efforts of guidance and counseling teachers and teachers in the field of study in changing the way students communicate. This research uses qualitative research, with phenomenological methods. In collecting data researchers used observation techniques, interviews and documentation. In analyzing research data researchers use data reduction, data presentation and provide conclusions. This study raised nine children who have difficulty communicating. The guidance and counseling (BK) has group guidance services to improve student communication skills, develop student outreach and so on. Researchers use group guidance to improve student communication skills, by encouraging students to communicate actively in group guidance activities, it can trigger students' desire to be able to express their opinions. The group guidance process was carried out several times to get maximum results.

Keywords: Skills, Communication, Group Guidance

Introduction

Humans are social beings who cannot live alone depending on their neighbors. Human life is not detached from the necessities of life until much needs everything for the survival of both the family, the needs of eating, the needs of shelter and life style. Human needs will be fulfilled by mutual help among others. Good communication is necessary in the life of society in order to create a good environment for its fellow creatures.

Good communication is the purpose of the communication. Because communication will not run smoothly without the purpose of such communication is blurred. Information submitted through communication must be understood by the informer. It happens when communication between the informer and the recipient of the information must have a good relationship. Good relationships are established because of the interpersonal communication between the communifishone and other communifishes. Arni Muhammad (2004:159) said that the interpersonal communication is the process of exchanging information between someone with at least one other or usually between two people who can be immediately known to the contrary. The realm of communication education is the main tool needed in the teaching and learning process. In the classroom is a process of mutual influence (learning and teaching) between students with teachers, and students with students then this process is called the process of communication interaction. Learning and teaching are two things that can not be separated, learning is the process by which one gets information or knowledge while teaching is the process by which one gives the knowledge he has to others. These two things that connect both are effective and communicative communication.

Based on the study of literature that has been done still found the fact in the field of students who are very difficult to do good communication. Not all individuals are able to communicate smoothly, as well as to teachers even to peers although it is very difficult to communicate properly. Abdul Hamid (2012:45) stated that there are five aspects of good or skilled communication namely clarity, accuracy, context, flow, and cultural, these five aspects, there are some aspects that students are not satisfied with resulting in a problem.

The case of the lack of students in communicating with researchers using group guidance Services, which Prayitno (2013:9) said "group guidance is a BK service that helps students in personal development, social relations skills, learning activities, careers/departments, and decision making, and conducting certain activities according to the demands of the praised character through group dynamics". Based on the group's guidance objectives one of them is to improve student communication, increase student confidence, therefore researchers are lifting group guidance services in addressing the communication problems of students.

From the background of the problem described with some previous researchers, researchers are interested to lift the group's guidance in research due to the phenomenon that occurs in the field, even though one of the group's guidance objectives is to improve students ' communication but many of the counselors or teachers of BK lack the service of this group's guidance to hone the communication of students, especially in the place of researchers conducting research in the area of Labuhanbatu. This area is among the few areas that underappreciated the existence of teacher guidance and counseling, it can be seen from the comparison of BK teachers with the number of students in the school.Whereas, at Permendikbud No. 81 A/2013 It even stipulates that master BK or counselor performs in and outside hours of learning in units of education. The BK service is in-person to meet the scheduled classical interface for a number of student classes. The ratio of teachers to students is 150:1 means 150

students are handled by 1 teacher, in 1 classroom there are 32 students, then 1 teacher maximal hold 5 classes.

But the thing is inversely proportional to the fact that even 1 school is handled only with 1 teacher BK. This shows that less is appreciated and the lack of it to the Existentian of BK teachers among the education even in the community. Especially at Madrasah where researchers conducted the research that is MTsN 2 Labuhanbatu, students in this Madrasah there are 806 students including the VII class there are 239 students, Class VIII 302 and Class IX 265 students. Students as much as 806 who handle only 1 person guidance and counseling teachers it is a very terrible thing in the world of counseling guidance. It is not conceivable if the teacher of the person should handle some cases, it will not be maximal and will not give good results anyway. And this is what causes counseling guidance services are not to be torted how it should be, because of the lack of human resources in this glorious profession.

Method

The method of study used is qualitative method with a phenomenological approach. The phenomenological approach relates to the understanding of how everyday, the world is intersubjectively (the World of life). Phenomenologists aim to interpret the social action of the observer being observed. Where the data obtained from observations, interviews and documentation compiled by researchers. The primary data source in this research is head State MTs 2 Labuhanbatu, WKM Kesiswaan, Master BK and students. Meanwhile, secondary data sources are documents and archives of BK State MTs 2 Labuhanbatu.

The data analysis procedures take place gradually during the ongoing study, starting from data reduction, presenting data and concluding conclusions. According to Sugiyono (2009:9),qualitative descriptive research is a research procedure that generates descriptive data of written or spoken words from people and perpetrators observed, directed from the individual background as a whole (holistic) without isolating the individual and its organization in a variable but viewing it as part of a completeness. The validity of data using data triangulation comparing the data of interviews results, comparing with what the public publicly says with what is said personally and comparing the circumstances and perspectives of a person with various opinions of people like ordinary people.

Results

The student of MTsN 2 Labuhanbatu are the majority of students who come from middleaged families, even some students after school immediately work mid-age as a waitress at a café, employees of Door Smeer car There are even those who help Or harvest other people's palm. This kind of thing can be seen from the location of the house of the students who are mostly in the village of Promise, Mailil and from the district next door (Labuhanbatu Utara) that his parents' job is only able to provide for eating.From the nine students who are members of the group in the guidance of the group who conducted the teacher BK MTsN 2 Labuhanbatu is a student who came from the village of promise and Aek Buru, where the location is at the end of the parent's Labuhanbatu close to North border of Labuhanbatu.

Environment is the main influence in shaping the personality and character of the child. The AS et al is a child who comes from a lower middle family, where the AS. is the son of a palm derder, palm belonging to another AS father who manages and harvester the palm, and the AS often helps his parents To sell oil crops to toke. The situation of making the AS a hard worker at an early age, the quiet us, does not speak much and feels blase when studying. So also with the eight AS friends who are notabene children who are disadvantaged in his life, who willingly lose his playtime just to help parents and get more money in the work.

The work doesn't always require capable communication. It was likely to be thought by the US so that he was one who had difficulty when to speak in front of the class even to introduce himself alone in front of the teacher he felt awkward and uncomfortable, because U.S. life taught to Work, work and work without having to look in the talk.However, shrewdness or skill in talking is very covering human wherever it is. Being a hard worker also needs good communication so that the master or boss in the job likes and loves us. The life factor that requires us to work hard does not have to close the possibility we will learn high.

Interpersonal communication should be able to wake up when we explore the world of work. Muhammad (2002:159) says that interpersonal communication is the process of exchanging information between someone with at least one other or usually between two that can be immediately known to the contrary. In relation among human beings the need for interpersonal communication in supporting good relationships. Having good interpersonal communication skills is able to direct us to a good future of course.

Based on a counseling journal by Riska, DKK Volume 3 Number 3 year 2017 under the title "Enhancing the ability of students ' Interpersonal communication through the group tutoring service with Tekhnik Assertive Training" that students ' failure in Convey a message in general because the student is less skilled in communicating with others. Therefore Riska, et al use group guidance using Assertive Training technology in improving student communication. In this case the U.S. and his friends need the help of being able to change the difficult communication to skilled communication.Tutoring and counseling in schools has one of the services that aims to improve student communication skills, improve student confidence and develop socialization skills. Namely group guidance Services, group guidance services have the function of reducing, completion, prevention and so forth.

The group guidance process conducted in MTsN 2 Labuhanbatu directs students to be active in various activities, especially in the learning process. In the process of learning communication is needed to support the smooth learning teaching. The success of learning can be seen from changes in the mindset of students, the character of students so as to make the students who are intelligent and who have good attitude. Master BK is not only guiding but directing students to be self-reliant, self-reliant in learning, self-reliant in resolving problems and being independent in responsibility for their obligations.

A teacher counseling guidance on the implementation of its services requires professionalism in order to get good results. Without the professionalism of a BK teacher it can be a mall of practice or failure of a BK teacher, because it produces poor students. By doing so, the teacher of BK MTsN 2 Labuhanbatu often made self-upgrading and the science update to become BK teacher who always stand by when they needed madrasah and students. Master BK MTsN 2 Labuhanbatu has been sent a second time in training about the latest BK science, either training from the Ministry of Religious Affairs or just workshops and seminars.

Counseling teachers are individuals who assist students in the process of self-delving the existing potential of students, in the quest of a student's identity is needed to be a positive motivation or motivations so that the identity appears in the positive direction anyway. But BK's teachers are not alone in creating positive and skilled students, so the needs of cooperation from various parties, parents, family, study teachers, and all school citizens. Because in shaping the character of the environment students are the main factors in the character changes and habits of a student. Both the environment and internal students then the good results will appear by itself.

The guidance of group conducted by the teacher BK MTsN 2 Labuhanbatu aims to help students who are experiencing difficulties in communicating, both in learning and in societal. The guidance of the group is not enough only once implementation, group guidance needs to be done repeatedly-times for the maximal results. The changes experienced by the students slowly began to emerge along with the observation and interviews conducted by researchers. The observation is very significant with interviews that can be from students as well as teachers from BK MTsN 2 Labuhanbatu. That students ' impact from group guidance activities is very positive and bring students in good direction. Students are able to communicate well, students are socializing well and students are able to cultivate themselves and improve themselves.

According to the journal Counselor, Olfakhrina, et al (2014:66-73) revealed that some studies show that the group's guidance is effective enough to develop students ' positive attitudes. Like the thesis Alfi R (2010) The effectiveness of group guidance services to improve the questioning and answering skills of questions. The thesis service is an effective group guidance in improving students ' skills to ask and answer questions. This is similar to this research where group guidance services are implemented by the teachers of BK State MTs 2 Labuhanbatu to improve students ' communication skills, and the implementation is effective and efficient so that the following students experience Positive direction of the group's guidance.

Along with previous research, the group's guidance can be concluded very effective and efficient and useful to improve students ' communication skills so as to produce an independent student, have a good social soul, and students who are skilled in communicating. The students ' communication skills have a good impact on the changes that students are experiencing, in itself, the courage and skills of the students are increasingly honed and have a good impact on the future of students.

Conclusion

Based on the findings and discussion of research results, it can be concluded that the communication of students of State MTs 2 Labuhanbatu belongs to the ordinary or medium category, which means students are not dominant who have a level of communication skilled, nor do all have a poor level of communication, therefore said communication of students of state MTs 2 Labuhanbatu have a regular level of communication. Teachers in study and counseling teachers have sought to improve student communication, both in terms of study and in other

fields, only students ' communication has not increased over time. The state MTs students 2 Labuhanbatu have not been able to reveal the content of his fixings, convey the message so that lack of skill in communicating.

The application of group guidance services in state MTs 2 Labuhanbatu has not been effective and efficient because of counseling teachers who must handle three locations in one school, and only a BK teacher in handling 708 students. So in the implementation of group guidance very rarely implemented in State MTs 2 Labuhanbatu. The application of group guidance to improve student communication skills is very effective from the results of changes in behavior that is experienced by students. Students who initially tend to be quiet, lazy, and rarely hang out with their friends, but after following the group's guidance several times done by the teacher guidance and counseling state MTs 2 Labuhanbatu. The students experienced the change step by step, and it can be proved by the BK teachers and teachers of the field of study at state MTs 2 Labuhanbatu.

References

- Anita Dewi Astuti dkk, *Jurnal Bimbingan Konseling*. Diakses : <u>http://journal.unnes.ac.id/sju/index.php/jubk</u>. Pada tanggal 18 Februari 2019
- Arni Muhammad. Komunikasi Organisasi, Jakarta : PT. Bumi Aksara, 2004
- Basrowi. Memahami Penelitian Kualitatif. Jakarta : Rineka Cipta, 2008
- Dedi Mulyana, Komunikasi Lintas Budaya, Bandung : Remaja Rosda Karya, 2010
- Dewa ketut Sukardi dan Desak P.E. Nila Kusmawati. Proses Bimbingan dankonseling di Sekolah, Jakarta: Rineka Cipta,2008
- Dewi, Edy, *Jurnal Bimbingan Konseling*, Di akses: <u>http://journal.unnes.ac.id/sju/index.php/jubk</u>. Pada tanggal 18 Februari 2019
- Effendy, Onong Uchjana. Ilmu, Teori dan Filsafat Komunikasi. Bandung : Citra Aditya Bakti, 2003
- Evi Zuhara, *Jurnal Ilmiah Edukasi*. Diakses:<u>http://jurnal.ar-</u> rainy.ac.id/index.php/cobaBK/article/view/319. Pada tanggal 18 Februari 2019

Alfi R. *Efektivitas layanan bimbingan kelompok untuk meningkatkan keterampilan bertanya dan menjawab pertanyaan*, Padang : Program Pasca Sarjana Universitas Negeri Padang

- Galih, Najlatun, *Journal Mahasiswa Bimbingan Konseling*, Diakses : <u>https://jurnalmahasiswa.unesa.ac.id/index.php/jurnal-bk-unesa/article/view/1935</u>. Pada tanggal 18 Februari 2019
- Kadar, Khaerul, Komunikasi & Public Relation, Bandung : Pustaka Setia, 2012
- Margono, S. Metodologi Penelitian Pendidikan, Jakarta : Rineka Cipta, 2004
- Marjohan, dkk. *Biografi Keilmuan Prayitno dalam Ranah Konseling dan Pendidikan*, Padang : UNP Press, 2012

Moleong, Lexy J. Metodologi Penelitian Kualitatif. Bandung : Remaja Rosdakarya, 2000

Muhammad, Arni. Komunikasi Organisasi, Jakarta : Bumi Aksara, 2002

Muhibudin, Psikologi Komunikasi, Bandung : Pustaka Setia, 2015

- Mulyana, Deddy. Ilmu Komunikasi : Suatu Pengantar. Bandung : Rosda, 2007
- Muri Yusuf A, *Metode Penelitian Kuantitatif, Kualitatif & Penelitian Gabungan* : Prenadamedia Grup : Jakarta, 2018
- Nur El Ibrahim Solihin Muh. Bimbingan Konseling Untuk Anak, Yogyakarta : Trans Mandiri Abadi, 2010
- Nurudin. Sistem Komunikasi Indonesia. Jakarta : Rajawali Pers, 2014
- Olfakhrina, dkk. *Pelaksanaan Layanan Bimbingan Kelompok Untuk Menyiapkan Mental Siswa Menghadapi Ujian Nasional.* Di akses :<u>http://ejournal.unp.ac.id/index.php/konselor/article/view/3231/5092</u>. Pada Tanggal 01 September 2019
- Prayitno. Seri Layanan Konseling L1-L9. Layanan Bimbingan Kelompok dan Konseling Kelompok Padang ; Jurusan Bimbingan dan Konseling Fakultas Ilmu Pendidikan Universitas Negeri Padang, Padang, 2004
- Prayitno, dkk. *Pembelajaran Melalui Pelayanan BK di Satuan Pendidikan*, Padang : Universitas Negeri Padang, 2013
- Prayitno, Erman Amti. *Dasar dasar Bimbingan dan Konseling*, Jakarta : Rineka Cipta, 2009 Putu Ari Dharmayanti, *Jurnal Pendidikan dan Pengajaran*. Diakses : <u>http://ejournal.undiksha.ac.id</u>. Pada tanggal 18 Februari 2019

- Rezki Hariko, *Jurnal Kajian Bimbingan dan Konseling*. Diakses : <u>http://journal2.um.ac.id/index.php/jkbk</u>. Pada tanggal 18 Februari 2019
- Riska, dkk, *Jurnal Mahasiswa BK An-Nur*. Diakses :https://ojs.uniska-bjm.ac.id/index.php/AN-NUR. Pada tanggal 03 Oktober 2019

Sitti Hartinah. Konsep Dasar Bimbingan Kelompok, Bandung : PT Refika Aditama, 2009

Sugiyono. Metode Penelitian Kuantitatif, Kualitatif dan R&D, Bandung : Alfabeta, 2009

Sujana, Nana. Dasar- dasar proses belajar mengajar, Bandung: Sinar Baru, 2004

Syahrum dan Salim. Metologi Penelitian Kualitatif. Bandung: Cita Pustaka Media, 2012

- Wela Aswida dkk, 2012. *Jurnal Ilmiah Konseling*. Diakses : <u>http://ejournal.unp.ac.id/index.php/konselor</u>. Pada tanggal 18 Februari 2019
- Yudha, M. saputra dan Rudyanto. 2005. Pembelajaran Kooperatif Untuk Meningkatkan Keterampilan Anak TK. Jakarta : Depdiknas